

# Wyrd Light User Guide



# Welcome to your Wyrd Light





This short guide is to help get you going on your journey with your Wyrd Light.

**Enjoy the trip!** 

# Welcome to your Wyrd Light

## **Technical Guide**

### Start up

Plug your Light in and turn on (or run for up to three hours on a fully charged battery). That's it!

It takes about one minute to boot up. You'll see a rainbow effect lasting 5 seconds, after which the Light begins to process data from the field.

Your Light will now respond to the field of consciousness around it. The brightness reflects the intensity of the field and the colours reflect different qualities. We still have to discover exactly what those qualities are! There are three different Stages that reflect the strength of coherence in the field. In the first Stage you see colours fluctuating in brightness. In the second Stage you see white light getting brighter. In the third Stage you see a swirling rainbow effect.

There are a number of settings that the Light comes with. These will become available soon with the Wyrd app. If you would like to see what is coming, see the section about the app at the end of this document.

Note: If the battery is fully depleted and you plug the Light in, it will not start up straight away. It needs to add charge to the battery first, for at least 5 minutes. Be sure to click the USB charger in properly.

Your Light comes with a charger. Please use this charger or one with the following specifications:

Input voltage: 100 - 240V

Input AC frequency: 50-60Hz

Output voltage: 5.1V

Output current: 3.0A

Output power: 15W



# Welcome to your Wyrd Light

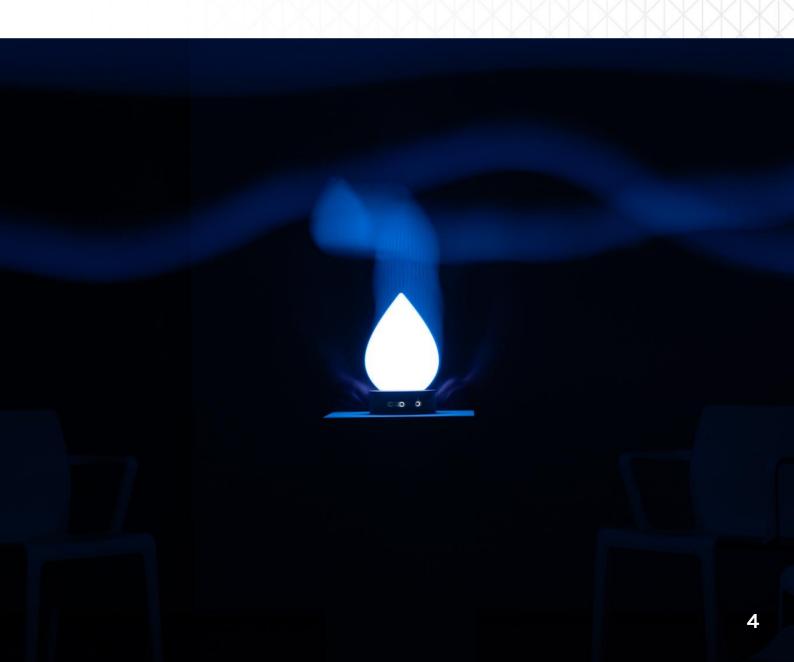
## **Analysing your Light's Data**

Should you wish to go deeper into the workings of your Light and its responses, you can export the data from your Light to the Wyrdoscope software package and do the detailed analysis. It's quite fascinating if you are into that! We can all be citizen scientists exploring this very unknown domain of consciousness. When you purchase the analysis software you can download a manual with full instructions. You can get a license for the software on the Wyrd website

https://gowyrd.org/wyrdoscope-software-suite/

See the Wyrd Light Software Guide for full information.

https://gowyrd.org/wyrd-light-software-users-manual-2



# **Consciousness Guide**

Welcome to the World of Wyrd! One thing you will soon learn about this world is that there is actually very little known about it and a huge amount to discover. That is where you and the rest of the Wyrdo community come in.

Let's explore two main modes of interaction with your Light.

## **Wyrd Field Mode**

In this mode, your Wyrd Light sits in a defined space and responds to fluctuations in the consciousness field of that space. All you need to do is open up your curiosity and notice how it responds. The brightness of the Light reflects the relative coherence and intensity of the field. The different colours reflect different kinds of structures in the field. Although we know what those structures are from a data perspective, we have yet to discover exactly what kind of experiences and behaviours activate those structures. You sharing your experiences with other Wyrdos will help us all to better understand what is actually going on there.

Here are some ideas for experimenting with your Wyrd Light in the Field Mode:

#### **Meetings**

Put your Light in a meeting room and notice how it responds during your meetings. What in your collective experience and behaviour makes it brighten or dim down, reflecting more or less coherence? What seems to impact the colours? See if you can take your important decisions when the light is brightest - that is when there is the greatest collective alignment and connection between all people present. Does your Light respond when someone makes a new proposal? Is it giving you signals about when to pay attention as something significant is coming through? When it dims, does that reflect a collective experience of low energy? Maybe time to take a break and refocus? Or do some kind of group building or energiser activity?

Please do share your experiences in the Wyrd community. If using social media, please use the hashtag **#wyrdmeeting** so we can all find and compare related experiences.

# **Consciousness Guide**

#### **Performances**

Be it sport, music, theatre or other group experiences of a performance, your Light is likely respond to the relative collective energy of the audience and performers. What moments during the performance and crowd behaviour seem to have the biggest effect on the Light? Do they correlate with your experience in those moments or do they seem to be pointing to something less tangible that is going on? Try adjusting a performance in certain ways and seeing what effect that has. Use your Light as socio-feedback from the collective and experiment with different kinds of intervention.

Please do share your experiences in the Wyrd community. If using social media, please use the hashtag **#wyrdperformance** so we can all find and compare related experiences.

#### At Home

Just place your Light somewhere in your living area and notice what it responds to. What are the moments in your family or friends' experiences that seem to get the biggest effect? Play with doing different things together to see its response. Watching sport together (if you're on the same side!), singing or making music, playing a game, having a deep conversation - all things that are likely to affect your collective field of consciousness and get a reaction from the Light.

Why not invite your pets to join in too? Perhaps the calming purrs of a cat, the frenzy of a game of fetch or a sudden onset of the 'zoomies' could show up too. See what you notice and tell us...

Please do share your experiences in the Wyrd community. If using social media, please use the hashtag #wyrdhome so we can all find and compare related experiences.

#### **Conscious Group Spaces**

If you run or attend meditation, yoga, t'ai chi, martial arts or other kinds of groups where there is attention to people's inner states, it is fascinating to see how the Light reflects the group's experience. We often sense that something is going on, and to have the feedback from something like the Light can reinforce that sense and help us to trust in our own experience.

Please do share your experiences in the Wyrd community. If using social media, please use the hashtag **#wyrdgroup** so we can all find and compare related experiences.

# **Consciousness Guide**

### **Wyrd Intention Mode**

In the Wyrd Intention Mode, you actively try to influence your Light, on your own or with others. You can try to feel a stronger connection which might increase the brightness of the lamp and take you up a Stage or two!

You can also experiment with trying to turn the Light a particular colour. Or compete with friends with one group trying to turn it one colour and another group a different colour.

From experience and research in this domain, there are a number of tips we can share about how you can most effectively influence the Light.

- Connect first through your heart. We believe that your heart amplifies any effect. Allow a little inner smile to make its way to your lips.
- Send your intention with your mind. Imagine the Light doing what it is you want and feel
  what it would be like if it did.
- Feel a sense of gratitude for it producing this effect.
- Release your intention and let go of any attachment to the outcome.
- Be in the present and activate your curiosity, holding your intention with lightness in the back of your awareness. Trust that it will be as it should be.
- Be aware of exerting any effort or 'trying'. You will recognise that by a sense of tightening and contraction in your body, for example as a frown. A well-known wyrd phenomenon is the 'release-of-effort effect'. It is when you stop trying that the 'magic' happens!
- Keep it playful. Years of research at the Princeton Engineering Anomalies Research (P.E.A.R.)
  lab showed that playfulness was an important aspect of success in their mind-matter
  experiments.

The Wyrd Light can be a great mirror to your inner state and personal development. Notice how you respond inside if the Light doesn't do what you want it to do. Do you get anxious? Do you start to tell yourself a story that either the Light doesn't work or that you are not good enough to be able to create the effect? If it does start doing what you want, do you start to puff yourself up and think how great you are - you must be a Jedi! All of those responses are likely to reduce your impact on the Light. They come from our conditioning and take us away from just being in a state of simple playful curiosity with the Light, in the present moment.

Check out the resources in the Wyrd community for practices you can do to increase your wyrdness. Try different things out and see how they affect your Light. Notice how shifts in your inner state are reflected in the Light. See if you can identify any patterns and share them in the community.

# **Wyrd Community**

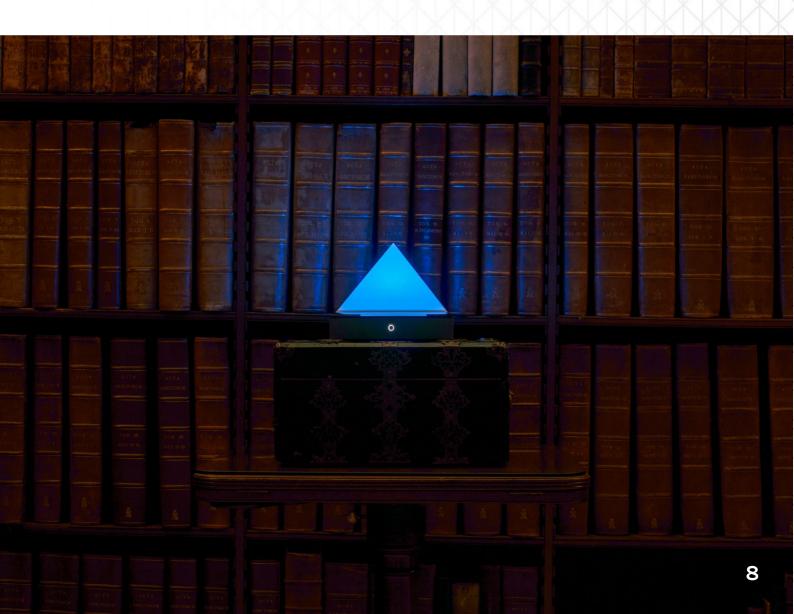
## **World of Wyrd Community**

The community is an online space for us Wyrdos to share our experiences, questions and discoveries with each other and the Wyrd team. You can post photos, films and stories. You can create groups to explore specific topics you are interested in or to support a group of Wyrdos who live near you. There is so much unknown about consciousness - here's our chance to be explorers of this fascinating new field.

To access the community, go to: <a href="https://community.gowyrd.org">https://community.gowyrd.org</a>

## How does the Light work?

To find out more about the science and technology behind the Wyrd Light, read online at <a href="https://gowyrd.org/how-does-it-work/">https://gowyrd.org/how-does-it-work/</a>



# **Wyrd App**

### **Wyrd App**

With the Wyrd app, there will be a number of settings on your Light that you can adjust. You will be able to connect your Light to the Wyrd app via Bluetooth. Below are the settings that will be adjustable via the app.

#### **Speed**

You can adjust the speed with which the Light responds to the field, on a scale of 5, from once a second to once every 5 seconds. The slower the response, the smoother the transitions. The faster the response, the more accurate the Light's reflection is of that exact moment.

#### Modes

The Light has two modes: Wow mode and Mellow mode. The modes relate to the way the Light responds to changes in the field, in particular at the different Levels (see below). The Light is initially set to Mellow Mode.

#### **Stages**

The Light has three Stages reflecting the relative intensity of the coherence. These differ per mode.

#### Mellow

Stage 1 - the colours get increasingly bright

Stage 2 - the colours move with greater intensity towards white light

Stage 3 - a rainbow effect is unlocked

#### **Wow Mode**

Stage 1 - the colours get increasingly bright

Stage 2 - an increasing swirling effect of the strongest colour

Stage 3 - a white strobe light effect is unlocked, increasing in speed (This effect may trigger epileptic seizures. User discretion is advised when activating this Wow Mode.)

#### Levels

There are three Levels that can be set for the user: Beginner, Intermediate and Advanced. These Levels determine how easy or hard it is to activate the Stages of the Light. For the Beginner, for example, it is easier to activate Stage 2 and 3 or the Light. If it becomes too easy, then you can level up to Intermediate or Advanced.

The standard setting for Levels is Beginner. It can be changed via the app.

#### Connecting to the Wyrd App

Coming soon!

# **Updating your Light's Software**

### **Software Update**

When a new version of the Wyrd Light software is released, an update needs to be performed. New software updates may include bug fixes and new functionality.

The update process is as follows:

- The software is distributed as a zip file, which contains the binary executable file of the software for the Light as well as a config file. The config file may be copied as is, or it may be changed as you wish. See the section config file for more details.
- Unpack the zip file on a computer with a Wifi interface
- Connect to the Wyrd Light via Wifi: search for a Wifi named "Wyrdlight" and connect your computer to it. Use the username and password, that is provided separately at the purchase of the light.
- Connect the Light as a shared folder:
  - o In Windows Explorer go to the address line and type: "\\192.168.1.1\wyrdo" and press enter. You should be asked for username and password, which should have been provided separately at the purchase of the light.
  - On Linux open a SMB/CIFS capable file manager (like Dolphin, Thunar, Nautilus) and type in the address line: "smb://192.168.1.1/wyrdo" and press Enter. You should be asked for username and password, which should have been provided separately at the purchase of the light.
  - On MacOS open Finder, Go -> Connect to Server. Enter the value "smb://192.168.1.1" for the server and click Connect. You will be asked for username and password, which should have been provided separately at the purchase of the light. Afterwards, you should be shown a window with the available shares on the Light. Select the share "wyrdo".
- You should now have the "wyrdo" share open in your file manager.
- On the computer, copy the executable, named "wyrdlamp\_update" and the config file named "wyrdlamp.yaml" to the wyrdo share. There should already be an executable named "wyrdlamp" on the share. Just place the two files next to it.
- After copying the files, you can disconnect from the Wyrd Light
- Restart the Wyrd Light by turning it off and on again. On startup, the software update will be installed automatically

# **Updating your Light's Software**

## **Config File**

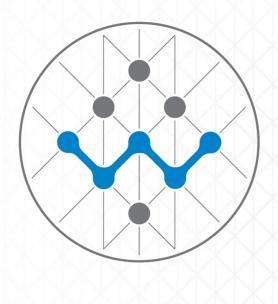
As noted in the section about software updates, the Wyrd Light has a config file that can be edited by hand or the settings can be applied via the Mobile App.

This section is a description of the config file in case a manual editing is necessary. An example config file is shown here:

Effect: Mellow
Level: Beginner

The config file is in YAML format, each line is a keyword and a value. Currently, the following keywords and values are supported in the config file:

Keyword	Possible Values	Description
Effect	Mellow	Sets the mellow effect as the one used by the Light. This is the default setting.
	Wow	Sets the Wow effect. See section "Modes" for details.
Level	Beginner	Sets the level to Beginner mode. The Beginner mode is the most sensitive mode, so that the stages for the light effects are triggered earlier. See the section "Stages" for details. This is the default setting.
	Intermediate	Sets the level to Intermediate mode. This leve is in between beginner and advance and needs higher synchronicity values to trigger stage changes.
	Advanced	Sets the level to advanced mode. This level requires high synchronicity values to trigger state changes.



# WYRD Technologies

© by Wyrd Technologies Ltd, All Rights Reserved. Hardware prototyping and software development: Dr. DI Wolfhardt Janu